

Guidelines for how to use Articles about Health Related Quality of Life (HRQL)

Relevance?

Will the information from the study help me inform my patients?
Did the study design simulate clinical practice?

Are the results valid?

If true, will the results require me to change my practice?
Have the investigators measured aspects of patients' lives that patients consider important?
Did the HRQL instruments work in the way they are supposed to?
Are there important aspects of HRQL that have been omitted?
If there were trade-offs between quality and quantity of life, or an economic evaluation have the investigator's used the right measures?

What are the results?

What was the magnitude of effect on HRQL?